



# LOCKDOWN YEAR 11 Newsletter

## WELCOME TO THE LOCKDOWN NEWSLETTER!

We've been very impressed by how the vast majority of students have engaged with remote learning in these very difficult times for you all. It seems every month there has been a new challenge for you as a year group, and every time you have risen to that challenge. This will stand you in good stead in the future, even if it feels hard now. The quality of work produced at home has been amazing, and teachers have enjoyed celebrating your achievements, from exceptional note making and art work, to set design for drama. Every piece of work was full of enthusiasm.

We look forward to see you back at some point but until then, keep doing your best and well done!

Mr Bland

## SUBJECT SNAPSHOT

**English:** Students studied poetry from the "Power and Conflict" anthology, looking at how to compare poems and make connections developing analytical skills.

**Maths:** Higher students worked on Pythagoras, trigonometry, proportion, vectors and inequalities. Foundation students studied simple/compound interest, Pythagoras, proportion and graphs.

**Science:** In Biology, students studied genetics, reproduction, inheritance, natural selection and evolution. In Chemistry, students looked at rates of chemical reactions including planning investigations and analysing data/graphs. In Physics, students are now moving onto a new topic learning about magnetism and electromagnets.

**Applied Studies:** Photography students engaged with their portfolio project by taking pictures and manipulating images. Media students sat the 15h external exam. Vocational students completed Unit 23 (Website Planning). Sport students finished Unit 3 and 4 (Healthy exercise and Business in Sport).

**Art:** Students worked on completing their 'Self View' project and/or on pieces for an additional booster project.

**Business:** Students completed the Marketing unit and now started looking at the next unit, Finance.

**Child Development:** Students completed their coursework on nursery equipment, feeding and nutrition.

**Computer Science:** Students worked on the programming project and will soon look at coding.

**Digital IT:** Students created a dashboard helping local travel agents to make their business more efficient in the future.

**Drama:** Students carried on revision on the set text (DNA). They have also been practising their monologues.

**DT:** All students continued to make progress with their Non Examined Assessment.

**Food Preparation and Nutrition:** Students focused on their picnic coursework as well as carrying out trials recipes.

**Geography:** Students investigated the features of the tropical rainforest and the issues associated with its destruction.

**Health and Social Care:** Students researched body systems disorders for their coursework unit.

**History:** Students have gone back to the USA module, first studied in Y10. They are working on a deeper understanding of events such as the campaign for equal civil rights for black Americans and women and the changes in society that came after WW2.

**MFL:** All Year 11 students have been proactive with their continuous assessment work. We have given them all the information that they need for the speaking endorsement, and they continue to turn in superb results on Google forms revision booklets.

**Music:** Students analysed their final set work, Sambe Em Preludio by Esperanza Spalding. This song is a fusion of Brazilian samba and American jazz.

**PE:** A practical challenge (Monday) and a workout (Wednesday) are sent electronically weekly. Cambridge National students continued to complete the practical in Sport unit. Y11 GCSE PE studied the Sport Psychology unit and also looked at the importance of nutrition in sport.

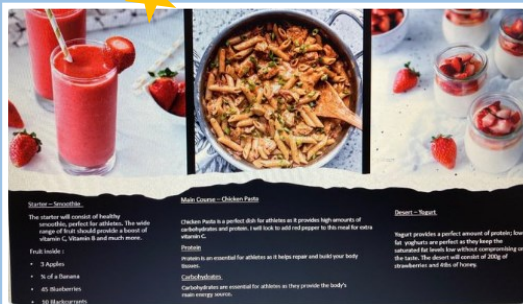
**Philosophy and Ethics:** Students looked at the ethical issues surrounding the theme of crime and punishment. They analysed the reason behind crime, the aims of punishment and how should we treat offenders.

# INITIATIVES

In addition to the **Wellbeing** and the **Head of Year Advice** being sent every Monday, we've continued to send our recorded **assemblies** and **Thought For The Week** to students.

We also have been setting a **wellbeing challenge** over the half-term to encourage students to focus on their own health after these difficult times.

We're delighted to have sent hundreds of **positive postcards** to students this half-term, which really shows how hard most students have been working!



**wow!**

Well done for all your efforts with home learning!

Sport and Nutrition: PE students created healthy menus at home.

# WELLBEING TIPS



Planning a routine is vital to keeping focused and on-track with your studies. Make sure you also include time in the day to relax, socialise, and give your brain a break.



Contact your friends, your classmates and your family. Hearing from you on a regular basis will bring them comfort and improve their mental health too.



Reach out for support. Your tutors and your Year Team are here to help you. Share your concerns, questions or worries with them and don't tackle difficulties on your own.



Spend time with your household or support bubble. Interacting face to face, preparing meals or planning a fun activity together will improve everyone's day!



Get outside at least once a day to take a walk or exercise. Fresh air and natural light strengthen your immune system and boost your mood! Plan this time into your daily routine.



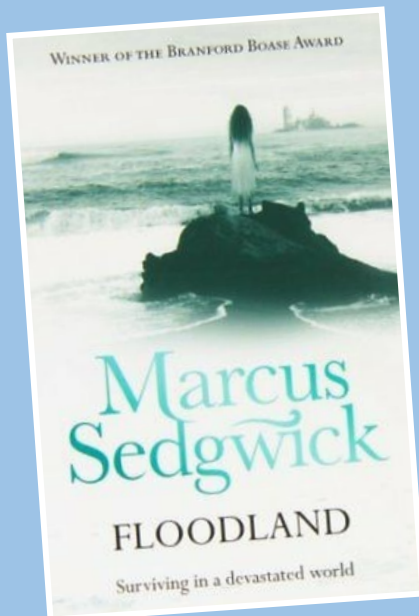
Take regular breaks from electronics devices (for every 1.5h spent on screens, take a 15min break). Move your body, go outside and chat to your family to help you totally disconnect.



Check out the Anna Freud's website for more information and advice about mental health:

<https://www.annafreud.org/on-my-mind/self-care/>

# BOOK RECOMMENDATION



## **Floodland** by Marcus Sedgwick



Imagine that a few years from now England is covered in water, and Norwich is an island.

Zoe, left behind in the confusion when her parents escaped, survives there as best she can. Alone and desperate among looting gangs, she manages to dig a derelict boat out of the mud and gets away to Eels Island. But Eels Island, whose raggle-taggle inhabitants are dominated by the strange boy Dooby, is full of danger too.

The belief that she will one day find her parents spurs Zoe on to a dramatic escape in a story of courage and determination.

Marcus Sedgwick is a British writer, illustrator and musician. Floodland was his first novel published in 2000. He is the winner of many prizes, most notably the 2014 Michael L. Printz Award for his novel Midwinterblood. He has illustrated a number of his own books.

